

Medical Information for Americans Traveling Abroad

*U.S. Department of State
Bureau of Consular Affairs*

If an American citizen becomes seriously ill or injured abroad, a U. S. consular officer can assist in locating appropriate medical services and informing family or friends. If necessary, a consular officer can also assist in the transfer of funds from the United States. However, payment of hospital and other expenses is the responsibility of the traveler.

Before going abroad, learn what medical services your health insurance will cover overseas. If your health insurance policy provides coverage outside the United States, **REMEMBER** to carry both your insurance policy identity card as proof of such insurance and a claim form. Although many health insurance companies will pay "customary and reasonable" hospital costs abroad, very few will pay for your medical evacuation back to the United States. Medical evacuation can easily cost \$10,000 and up, depending on your location and medical condition.

THE SOCIAL SECURITY MEDICARE PROGRAM DOES NOT PROVIDE COVERAGE FOR HOSPITAL OR MEDICAL COSTS OUTSIDE THE U.S.A.

Senior citizens may wish to contact the American Association of Retired Persons for information about foreign medical care coverage with Medicare supplement plans.

To facilitate identification in case of an accident, complete the information page on the inside of your passport providing the name, address and telephone number of someone to be contacted in an emergency.

A traveler going abroad with any preexisting medical problems should carry a letter from the attending physician, describing the medical condition and any prescription medications, including the generic name of prescribed drugs. Any medications being carried overseas should be left in their original containers and be clearly labeled. Travelers should check with the foreign embassy of the country they are visiting to make sure any required medications are not considered to be illegal narcotics.

A listing of addresses and telephone numbers of U.S. embassies and consulates abroad is contained in **Key Officers of Foreign Service Posts**. This publication may be obtained through the Superintendent of Documents, U.S. Government Printing Office, Washington, DC 20402. Also available from the Government Printing Office is **Health Information for International Travelers** by the Centers for Disease Control and Prevention (CDC). This contains a global rundown of disease and immunization advice and other health guidance, including risks in particular countries. For additional health information, the CDC maintains the international travelers hotline at 1-888-232-3228, an automated faxback service at 1-888-232-3299 and a home page on the Internet at <http://www.cdc.gov>.

For detailed information on physicians abroad, the authoritative reference is **The Official ABMS Directory of Board Certified Medical Specialists** published for the American Board of Medical Specialists and its certifying member boards. This publication should be available in your local library. U.S. embassies and consulates abroad maintain lists of hospitals and physicians. Major credit card companies also can provide the names of local doctors and hospitals abroad.

Some countries require foreign visitors to have inoculations or medical tests before entering. Before traveling, check the latest entry requirements with the foreign embassy of the country to be visited.

*Several private organizations will provide medical information and insurance for overseas travelers. Most charge a fee for this service. The following is provided **FOR INFORMATIONAL PURPOSES ONLY** and in no way constitutes an endorsement, expressed or implied, by the Department of State.*

AIR AMBULANCE / MED-EVAC

U.S.-based Companies

ACADIAN AMBULANCE & AIR MED SERVICE, INC.
Lafayette, LA
800-259-1111 / 318-267-1111 / 504-267-1111

ADVANCED AIR AMBULANCE
Miami, FL
800-633-3590 / 305-599-1100

AIR AMBULANCE, INC.
Hayward, CA
800-982-5806 / 510-786-1592

AAA - AIR AMBULANCE AMERICA
Austin, TX
800-222-3564 / 512-479-8000

AIR AMBULANCE NETWORK
Sarasota, FL
800-327-1966 / 813-934-3999
<http://www.airambulancenetwork.com>

AirEvac
Phoenix, AZ
800-421-6111

AIR MEDIC - AIR AMBULANCE OF AMERICA
Washington, PA
800-321-4444 / 412-228-8000

AIRRescue INTERNATIONAL
Van Nuys, CA
800-922-4911 / 818-994-0911

AIR RESPONSE
Orlando, FL
800-631-6565 / 518-993-4153 / 407-384-6100

AIR SERVICE INTERNATIONAL
Thermal, CA
800-991-2869 / 877-570-0911
<http://www.airserviceintl.com>

AMERICAN CARE, INC.
San Diego, CA
800-941-2582 / 619-486-8844

CARE FLIGHT - AIR CRITICAL CARE INTL.
Clearwater, FL
800-282-6878 / 813-530-7972

CRITICAL AIR MEDICINE
San Diego, CA
800-247-8326 / 619-571-0482

CRITICAL CARE MEDFLIGHT
Lawrenceville, GA
800-426-6557 / 770-513-9148

INFLIGHT MEDICAL SERVICES INTERNATIONAL INC.
Naples, FL
800-432-4177 / 941-594-0800

INTENSIVE AIR AMBULANCE
Morganville, NJ
800-543-3759 / 908-946-1200

INTERNATIONAL SOS ASSISTANCE
Philadelphia, PA
800-523-8930 / 215-244-1500
Also provides travel insurance services.

LIFE JET
Baltimore, MD
877-LIFEJET / 877-543-3538
<http://www.lifejetusa.com>

MED ESCORT INTERNATIONAL INC.
Allentown, PA
800-255-7182 / 610-791-3111

MEDEX ASSISTANCE CORPORATION
Timonium, MD
800-537-2029 / 410-453-6300 (call collect)
<http://www.medexassist.com>

MEDJET INTERNATIONAL, INC.
Birmingham, AL
800-356-2161 / 205-592-4460
<http://www.medjet.com>

MERCY MEDICAL AIRLIFT
Manassas, VA
800-296-1217 / 703-361-1191
(Service area: Caribbean and part of Canada only. If necessary, will meet commercial incoming patients at JFK, Miami and other airports.)

NATIONAL AIR AMBULANCE
Ft. Lauderdale, FL
800-327-3710 / 305-525-5538

NORTHWEST JET
Whittier, CA
800-228-2468 / 909-597-9999

SMARTRAVEL
Alexandria, VA
800-730-3170 / 703-379-8645
<http://www.smartravel.org>
Provides a range of travel medicine services.

TRAVEL CARE INTERNATIONAL, INC.
Eagle River, WI
800-524-7633 / 715-479-8881
<http://www.travel-care.com>

TRAVELERS EMERGENCY NETWORK

Durham, NC
800-275-4836 / 800-ASK-4-TEN
<http://www.tenweb.com>
e-mail: ten@intrex.net

Foreign-based Companies

AEA INTERNATIONAL
Singapore
U.S. Phone: 800-468-5232
Service worldwide, also provides travel insurance services

AUSTRIAN AIR AMBULANCE
Vienna, Austria
43-1-40-1-44

EURO-FLITE LTD.
Helsinki International Airport
Vantaa, Finland
358-0-870-25-44

EUROPASSISTANCE
Johannesburg, South Africa
27-11-315-3999

JET FLITE
Vantaa, Finland
358-0-822-766 / 358-0-6996 (after hours)

MEDIC'AIR
Paris, France
33-1-43-63-04-04

MEDICAL RESCUE INTERNATIONAL
Auckland Park, South Africa
27-11-403-7080

OY KONE-AIR LTD.
Vantaa, Finland
358-0-174-655

TYROLIAN AIR AMBULANCE
Innsbruck, Austria
43-512-22-4-22

TRAVEL INSURANCE COMPANIES

ACCESS AMERICA, INC.
Richmond, VA
800-284-8300

AIGAssist
American International Group, Inc.
New York, NY
800-382-6986
<http://www.aigtravel.com>

ASA, INC.

International Health Insurance
Phoenix, AZ
888-ASA-8288
<http://www.asaincor.com>

AXA ASSISTANCE
Bethesda, MD
301-214-8200

GATEWAY
Seabury & Smith
Washington, DC
800-282-4495 / 202-457-7707
e-mail: gateway.dc@seabury.com

HEALTH CARE GLOBAL
(also known as MEDHELP or WALLACH & COMPANY or HEALTHCARE ABROAD)
Middleburg, VA
800-237-6615 / 540-687-3166 / 540-281-9500

MEDEX INTERNATIONAL
Timonium, MD
800-732-5309
<http://www.medexassist.com>

PETERSEN INTERNATIONAL UNDERWRITERS
Valencia, CA
800-345-8816
<http://www.piu.org>

TRAVELEX
Omaha, NE
800-228-9792

TRAVEL GUARD
Stevens Point, WI
800-826-1300
<http://www.noelgroup.com>

TRAVEL INSURED INTERNATIONAL
E. Hartford, CT
800-243-3174

TRAVEL INSURANCE SERVICES
InterMedical Division
Walnut Creek, CA
800-937-1387/925-932-1387
<http://www.travelinsure.com>

UNIVERSAL SERVICE AND ASSISTANCE
Alexandria, VA
800-770-9111 / 703-370-7800

WORLDWIDE ASSISTANCE
Washington, DC
800-821-2828 / 202-331-1609
<http://www.worldwideassistance.com>

EXECUTIVE MEDICAL SERVICES

PERSONAL PHYSICIANS WORLDWIDE (PPW)

Washington, DC

888-657-8114 / 301-657-8114

<http://www.personalphysicians.com>